



## **BODY MASSAGE**

### **Balinese Massage**

**60 Minutes/90 Minutes**

**190.000/220.000**

Bring deep relaxation and wellness. This traditional massage works deeply to relieve strained muscles and joint pain. The boost to your circulation will help reduce stress and rebalance your body

### **Holistic Massage - 75 Minute**

**250.000**

A unique ritual meditative massages using ancient traditional technique to restore balance within the body. Uses sounds and vibration to release tension and increase muscle strength. Restoring the overall sense and wellbeing, mental calmness and focus.

### **Rock Stone Massage – 75 Minute**

**250.000**

The healing properties of heated natural volcanic stones help to relax tight muscles and pure negative energy. This treatment has a shooting effect on emotion that result in feelings of renewal.

### **Herbal Compress Massage – 90 Minute**

**280.000**

Deeply relaxing while relieving stress and fatigue and improving health. The hot compress filled with a selection of herbs and spices, is gently applied to specific points of the body releasing their healing benefit into the pores of the skin. Combine with massage to soothe aching muscle and stiff joints.

### **Reflexology – 45 Minute**

**150.000**

An ancient Chinese therapy designed to rebalance and harmonize the function of the entire body by applying pressure point on the sole of the foot, fantastic after long flight.

## **BODY TREATMENT**

### **Bali Bliss – 90 Minute**

**300.000**

Restore and recover your body and soul. Enjoy full body massage with a choice of body scrub or express facial.



**Solar Deity -120 Minutes 375.000**

Begin with a relaxing massage with aromatic oil and to revitalize your skin. The rehydrating treatment continuous with apply cooling aloe gel mask. While your body is wrapped in a sheet brings you to calm and enjoying hydrating mini facial with jade cooling roller.

**Truly Balinese – 120 Minutes 375.000**

Boreh is one of the oldest and most common herbal remedies in Bali. The popular function of boreh is to keep the body warm during the rainy season. Boreh also promotes blood circulation. The spices and herbs that are used in boreh work digestively and support the secretions of toxic substances, great for relieving muscles aches and headache. In addition, the ingredients like cloves and rice create softer skin. For this treatment you will start with our Balinese massage, followed with the boreh itself onto your body then leave it until it's dry. While waiting enjoy the acupressure facial and scalp massage to complete your relaxation.

**J4 Couple Experience – 120 Minutes 700.000**

Pamper yourself and your partner. Begin this ritual with aromatic foot ritual, followed by relaxing body massage and body exfoliation to leave your feeling deeply relaxed and rejuvenated. Pampering with relaxing flower bath to conclude your spa journey.

**FACE TREATMENT**

**Traditional Facial with jade Cooling Roller 200.000**

Our traditional facial provide relaxation, drainage and activation skins metabolism. Enjoy a hand massage while our skin conditioning mask. This facial will conclude by jade cooling roller, it's ideal to close the pore, cooling, shooting and wrinkle prevent.

**NAIL TREATMENT**

- **Manicure – 60 Minute 170.000**
- **Pedicure – 60 Minute 180.000**

**AESTETIC TREATMENT**

**Ear Candle – 30 Minute 100.000**